



Mulwaree News

40 McDermott Drive, Goulburn. Ph: 02 4821 4499 Email:mulwaree-h.school@det.nsw.edu.au

Endeavour to Achieve

The next meeting of the P&C will be on Thursday 22nd August 2013 7:30-9:15pm sharp in the Staff Common Room. Agenda items for P&C can be emailed to: mulwaree-h.school@det.nsw.edu.au two weeks before the meeting for inclusion on the agenda.



GCOPs

On 30th July 2013 the 'School of Rock' class performed a great re-interpretation of the hit 'Joker and The Thief' by Wolfmother at the Goulburn Community of Public Schools (GCOPs) concert. The band which included Mr Wood, Lachlan Alford, Sean Clewett, Bailey Judd, Caitlyn Chisholm, Elizabeth Willis, Taylor-Jane Humphries, Allasandra Wilkie, Aimee Humphries played and sung brilliantly. The crowd was fired up and the staging was great. The lighting added a lot

of effect to give it a real 'Rock 'n' Roll' atmosphere. Overall it was a great night for all and one that was not worth missing.

Lachlan Alford

On Tuesday night, the school band performed at the 10th GCOPs concert. The band consisted of flutes, saxophones and a clarinet. Conducted by Mr Wood, musicians Ellie Patatoukos, Lucinda Leten, Mereki Leten, Kelly Rowlings, Hollie Wells, Anna Wheatley, Mikayla Judge and Sarah Gilson performed 'Suite from L'arlesienne and did an excellent job. Other performers were Keely Falconer singing 'Rolling In The Deep', Amy Paterson singing 'Fast Car' and Courtney McKenzie dancing to 'Army of Me'.

Ellie Patatoukos



Tree Dedication To a WWI Hero

On Wednesday afternoon, Mulwaree High School held a tree dedication to recognise World War I Veteran, Private Thomas Whittaker, who died while serving with the 55th Battalion on the battle fields in France on 5th July, 1918. PTE Whittaker was the great, great uncle of Year 8 student, Hannah Baulmann.

Pictured are Hannah and her mother, Sharon, with the tree which is planted in Mulwaree's Remembrance Corridor. The Remembrance Corridor runs along McDermott Drive to Middle Arm Road and was established to remember fallen war heroes.

A remembrance plaque was placed beneath the tree and reads:

PTE. Thomas Whittaker
Service No.2514
55th Battalion A.I.F.
Gun shot wounds in the back
Vignacourt France
5th July, 1918





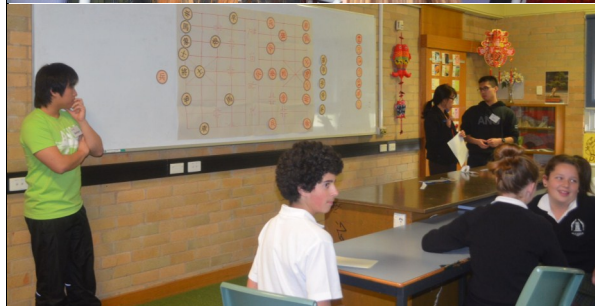
Language Immersion Day

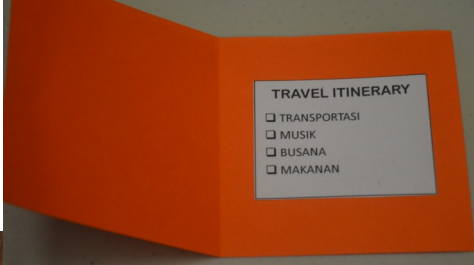
On Friday 14th June, 15 students from the Australian National University, along with Education Adviser - Student Equity, Dr Nerilee Flint and Project Officer - Student Equity, Cathleen Nansen, descended upon Mulwaree to conduct a fun-filled day for Years 8, 9 and 10 students of Indonesian and Mandarin Chinese. We were particularly grateful to the university students as they were in the midst of their half-yearly exams.

The activities included preparing a very spicy Indonesian chilli dip to taste with apple, cucumber and pineapple. Students had the opportunity of dressing-up in the national costumes of Sumatra, Sulawesi, Java and Kalimantan. The costumes were on loan from the Indonesian Embassy. Language lessons were provided on transport and food. Students also had a unique opportunity of playing "We are Young" on the angklung, a bamboo instrument which, when shaken, produces a curious tinkling sound. Students of Chinese learnt about the zodiac and participated in a number of games played in China.

The highlight of the day was travelling to the Goulburn Chinese Restaurant where Crystal and Fung had prepared authentic Chinese and Indonesian cuisine. 107 people dined on spring rolls, dim sims, krupuk - a prawn-flavoured chip, nasi goreng - fried rice, honey chicken, Mongolian lamb, sate and ayam goreng - marinated chicken legs. Everyone thoroughly enjoyed the delicious banquet. Upon our return, all of the students gathered in the Speech and Drama Room. They witnessed a vast array of martial arts, dance and musical performances that had been learnt throughout the day and each student was given an ANU pen to remember a fantastic day.

Hannah Cudaj, Cailin Ebbott, Ben Brown and Jack Steel.







Water Filtration Workshop - ANU Visit

'Engineers Without Borders'

On Wednesday 17th July, 30 Year 8 Geography students participated in a 'Water Filtration Workshop' run by Jeremy Smith and two ANU Engineering students.

The workshop involved insightful discussions about the role of engineers, the types of projects 'Engineers Without Borders' participate in, and a hands-on water filter activity.

The Geography students were divided into groups and allocated a country. Each group then had to design a 'Water Filter' with limited funds and materials. The countries with access to greater funds and resources were able to produce the most efficient water filter.

Students were able to connect their experience with the 'Global Inequalities' unit that is currently being studied in Year 8 Geography.

The HSIE department would like to thank Jeremy and the ANU Ambassadors for providing Year 8 with such a valuable experience. Ms Gorman





Want to Work for the Y?

YMCA NSW work in partnership with government, non-profit groups and partners in facility management to provide programs and services to more than 500,000 Australians every week in health and fitness, aquatic recreation, accommodation, child care, camping, youth and family services.

YMCA NSW is seeking casual lifeguards, Learn to Swim Instructors and Customer Service Officers to join the team at Goulburn Aquatic and Leisure Centre.

Key Responsibilities

Pool Lifeguards supervise the pool environment and ensure the highest standard of public supervision and safety, and liaise in a positive manner with patrons and the broader community, whilst contributing to a fun and enjoyable experience for patrons

Learn to Swim Instructors are an essential component in the delivery of YMCA Learn to Swim programs and services. The position requires an energetic, motivated person who is professional and dedicated to Learn to Swim delivery.

The **Customer Service Officer** is responsible for acknowledging and serving all customers that walk into the facility. This position operates primarily from the front desk, and requires knowledge of customer service, cash handling, telephone operations, program bookings and memberships.

Desirable Criteria

- **Pool Lifeguard:** Pool Lifeguard and First Aid certificates
- **Learn to Swim Instructor:** AUSTSWIM or relevant industry qualification, First Aid and CPR certificates
- **Customer Service Officer:** CPR or First Aid certificates

Training will be available for successful applicants

Successful applicants will be subject to a working with children check

Apply to the Y now! Send your cover and resume to Kristen James at Kristen.james@ymca.org.au or call on 4823 4834

Applications close 28th August 2013

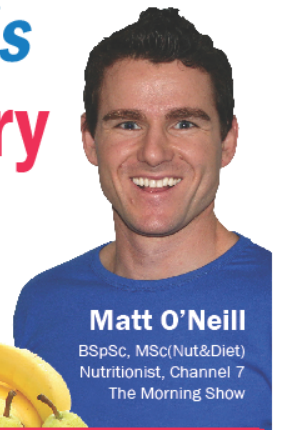
Kick start your career with Y today!

YMCA NSW
Goulburn Aquatic Centre
85 Deccan Street Goulburn NSW 2580
T 02 48234834 F 02 48233281 E admin.goulburn@ymca.org.au
W ymcansw.org.au/centre/goulburn

**FAMILY
HEALTHY LIVING
DEVELOPING YOUNG PEOPLE
THOSE LESS FORTUNATE**

At Goulburn > Tuesday 6th Aug

Matt O'Neill's Diet Mastery Seminar



Matt O'Neill
BSc, MSc(Nut&Diet)
Nutritionist, Channel 7
The Morning Show



Learn powerful ways to optimise your nutrition & metabolism

Don't miss Matt O'Neill at this special Goulburn event. Learn effective ways to optimise your diet, metabolism and mood.

Presented by



Come along to discover the facts about fat loss, beating cravings and feeling in control of what you eat. It's your chance to find out how to make a real breakthrough and experience the results you desire.



Limited seats! Book now to reserve your place. Only \$22 to attend

Date: Tuesday 6th August **Time:** 7.00 - 8.30pm (includes question time)

Venue: Absolute Fitness, Unit 4 / 130 Landsdowne St, Goulburn

Bookings: \$22. Call (02) 4822 7658 - Please tell your family & friends!

"Mummy calls the blood I got 'happy juice', as each time I took it I started smiling again. I just loved it because now I can go to school with my friends."

Alexandra, 5

Which School in our community can save the most lives ?

Goulburn Donor Centre will be holding an **All Schools Blood Drive** from 25 September to 2 November 2012

Students – Teachers – Parents – Carers – Friends & Family can donate

Phone the Goulburn Donor Centre on 4823 0400 or 13 14 95 or visit donateblood.com.au to make an appointment

Make your donation count – go online and register your donation at www.donateblood.com.au or fill in the online form when you come and donate.

Book in for our special Saturday Teachers Day on the 29 September 2012!

An hour of your time can mean a lifetime to someone else

Do something special. Give blood.
Call 13 14 95 or visit donateblood.com.au



SCHOLARSHIPS FOR THE CHILDREN AND GRANDCHILDREN OF EX-SERVICE MEN AND WOMEN

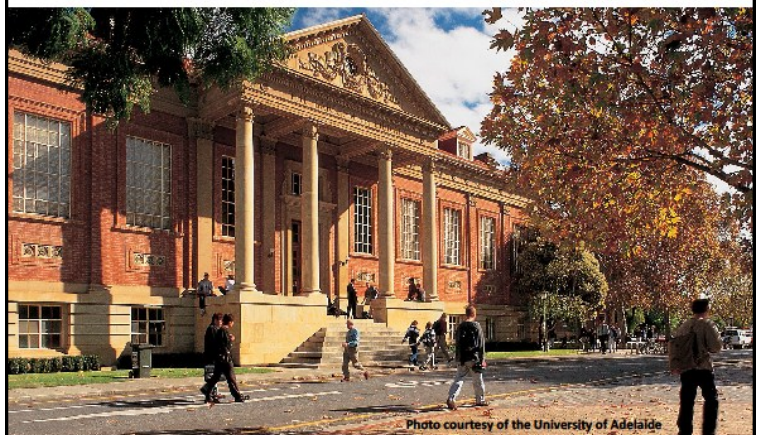


Photo courtesy of the University of Adelaide

The Australian Veterans' Children Assistance Trust is a not-for-profit organisation. AVCAT administer scholarships to help children and grandchildren of the Australian ex-service community with the costs of full-time tertiary education. The most deserving candidates are selected on merit and who, without our help, would be unable to start or complete studies without financial difficulty.

For more information or to apply, contact
AVCAT
T 02 9213 7999 or 1800 620 361 (voicemail)
E avcat@dva.gov.au www.avcat.org.au

"THE LONG TAN SCHOLARSHIP WAS INVALUABLE HELP, IT ALLOWED ME TO CONCENTRATE FULLY ON BECOMING THE BEST DOCTOR I COULD BE"

APPLICATIONS OPEN AUGUST 18





Goss From The Boss

This past week has seen further successes for Mulwaree High School. On Tuesday evening Mulwaree High featured at the GCOPs Choral Concert at the Workers Club. Our two MC's, Keely Brassel and Annelie Jensen, were superb in controlling the occasion and the crowd. Our performances

included the Yr 9/10 School of Rock class who got the place really jumping with a bit of good old fashioned rock from Wolfmother. The woodwind ensemble provided a calming response and Keely Falconer's Adele rendition was, once again, superb. Amy Patterson, in one of her last appearances prior to her HSC entertained the crowd with 'Fast Car'. It is a pleasure to see the diversity of musical performances from our students. Credit to Mr Wood, Mr Meader and Mr Lieschke for their ongoing commitment to targeting talent and providing opportunities for all.

On Thursday evening the opening of our art exhibition entitled 'Two Heads Are Better Than One' was held at the Goulburn/Mulwaree Library. This was the culmination of a joint program between Mulwaree High School and Goulburn North Primary School. It is being held in conjunction with the Archibald portraits on display at the Regional Art Gallery. Mrs Cranston, Miss Campbell and Michelle Stuart from the Art Gallery have worked tirelessly to put this exhibition together. The exhibition was opened by Mr Geoff Kettle and our Year 11 Hospitality class provided the catering. I advise you to see our exhibition ... it leaves the Archibalds in the shade!!

Each year the Illawarra and South East region presents Awards of Excellence to students, staff and school programs. In 2011 and 2012 Mulwaree were the recipients of 6 awards. This year 2 of our Year 12 students received awards at the ceremony held at Figtree High School last Friday. Eloise Mathews (our school captain) received her award for Excellence in Leadership and Jakub Nabaglo received his for Academic Excellence. These awards are very difficult to gain with only 2—3 students receiving awards in each category. Mulwaree consistently gains awards each year and continues to show the quality of the young people, staff and programs at the school.

Whilst an exhausting week, there are no doubts that it has been exceedingly successful. Congratulations to our students and staff. They certainly deserve it!

TAX FILE NUMBER

The Schools TFN (Tax File Number) service makes it easy for secondary students to apply because the school verifies your identity. Without a TFN your employer will tax you at the highest rate (46%). Please see Mrs Roberts in the Careers Office for an application form.



Important Calendar Dates

5/8	Mon	I-Track
5/8 - 9/8		Year 11 Construction Work Placement
5/8 - 9/8		Year 11 Retail Work Placement
9/8	Fri	Peer Support training
12/8 - 20/8		Trial HSC Exams
12/8 - 16/8		Year 10 Work Experience
12/8 - 16/8		Year 11 Business Services Work Placement
12/8	Mon	I-Track
15/8	Thurs	15s and Open Zone Netball
16/8	Fri	Maths in Surveying
19/8— 23/8		Year 11 TVET Workplacement
19/8	Mon	I-Track
22/8	Thurs	P & C MEETING
23/8	Fri	Yr 6 1st Workshop

Chappo's Thought For The Week

Imagine irritating people as tiny infants or 100 year old adults

Think of someone that you find particularly irritating. Now try imaging them as a tiny baby. See their tiny little fingers and their innocent little eyes. Think about how a baby can't help but make mistakes but is loved and accepted just the way they are. And not only were they an infant once, but you were too.

Now imagine the same person as a frail 100 year old who doesn't have long left to live. Think about their tired, worn out, wisdom filled eyes and their soft smile which can admit mistakes while still being satisfied with the life they have lived. Remember we will all be 100 years old, alive or dead, before too many decades go by.

**CHICKENMAN
GOULBURN**
SHOP 10,
CENTRO MALL
217 AUBURN STREET,
GOULBURN 2580.
PH: (02) 48210 389



**CHICKENMAN
GOULBURN**
SHOP 9,
MARKETPLACE,
12 VERNER STREET,
GOULBURN 2580.
PH: (02) 48210 382

**CHICKENMAN
GOULBURN PROUDLY
SUPPORTS MULWAREE
HIGH SCHOOL**

**For all your catering
needs including
BBQ (Mouth-watering)
Chickens and Fresh
Delicious Salads
Contact us now for a
quote!**

for fresh local chicken — trust the Chickenman!

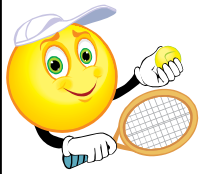
Saturday 31st August 9am—4pm
Canberra Tertiary Open Day

Year 10/11 Sport

Students pay weekly and must have full PE uniform to attend or a note for a medical issue. Those attending Absolute Fitness Gym must have a towel as well, due to WH & S requirements at the gym.

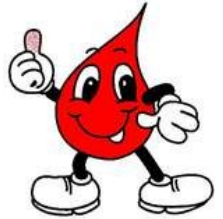


Golf @ Goulburn Golf Club	\$8
Tennis - Bishop St	\$8
Walking	Nil cost
Relaxation & Meditation @ school	\$8
Absolute Fitness - Gym	\$8
Absolute Fitness - Class	\$8
Indoor Soccer @ Tully	\$5
Triathlon (bike/helmet)	\$6
Rock Climbing @ PCYC	\$4
Gymnastics @ PCYC	\$4



Not In Vein

Mulwaree students can donate blood during sport on a Thursday. You must be 16 years or over. Please see Mrs Christoff in the PE staffroom for a permission note.



Mulwaree High School acknowledges the community service of Tyson Greenwood, Aleesha Bush, Jonee Sloane and Deanna Peterson from Year 11 for donating blood last week.

Volunteers Urgently Needed

At Red Cross we operate 163 retail stores which all sell an eclectic mix of recycled clothing, accessories, household and gift items. Proceeds raised by our stores fund the work we do helping vulnerable people in our community.

We are in urgent need of volunteers to assist in keeping the store open and running for our local community. No experience necessary. So if you can spare a few hours a week, we would be grateful for your help. Please contact the store on 48235010 or pop in at 143 Auburn Street for further information

School Attendance ... Remember

Students need to attend school regularly to make the most of educational opportunities. There is a direct link between school attendance and achievement later in life.

Poor patterns of attendance in the early years lead to poor patterns of attendance throughout the school years.



Poor attendance makes it difficult for children to form positive relationships with their peers.

When young people are in school every day, they are safer and less likely to be victims of crime, or become involved in crime.



Funded by NSW Department of Education and Communities

Hey, Let's learn
Chinese!

Goulburn Chinese Language School
goulburncls@gmail.com

New class!
New location!

Starting Term 3

Age: K - Year 12

Time: Monday
3:30—5:30

Fees: \$125 / term

At Mulwaree High School

Tel: 4821 4499



Exemption from School.

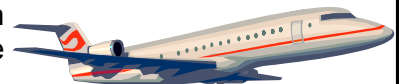


Principals may grant an exemption from school for exceptional domestic circumstances, family holidays and the health of a student.

If your child will be absent from school due to a family holiday, extended sickness or exceptional domestic reasons please contact the school in order to apply for a Certificate of Exemption.

An exemption form may be picked up from the front office.

When a Certificate of Exemption is applied for and granted, school absences that occur over the exemption period are not recorded on your child's absentee records.



Rep Rap

This weeks interrogations/interviews

Meet The Teacher



Mr McMahon - HSIE Teacher

What subjects can you teach?

Economics, Geography, Commerce, Maths, Home Science, Language (Indonesian), PE, Living Skills and probably anything else except Industrial Arts.

What was your first job?

I had dozens of jobs before teaching but my early full-time jobs were as a garbo, roll-a-door installer, costing clerk and furniture salesman.

What is your favourite food?

Spicy Asian Foods.

What is the most international place you have travelled to?

Hawaii, Singapore, Vietnam, Cambodia, Thailand, Malaysia, Indonesia, China, The Netherlands and Germany. (Oh yes and Tasmania).

What did you want to be when you were younger?

A Professional Triathlete (Tell him he's dreaming!)

Why did you become a teacher?

I had a pure Economics degree and teaching seemed a good way to promote my love of that "dismal" science.

Who do you most admire and why?

My lovely family (wife Antonia, 4 sons and their gorgeous families). Outside that it would be Paul Gallen (Sharks) and Greg Welsh (Triathlete).

Meet The Student



Marney Whitaker -Year 12 - SRC

What was your first job?

Waitress at the RSL.

What is your favourite food?

Cranny's brownies.

What is your favourite subject?

Visual Arts

What do you want to be when you leave school?

A pediatric or IVF Nurse.

What is the furthest place you have travelled to?

Lightening Ridge

Who do you admire most and why?

My dad for being able to raise me and my brother by himself and putting up with all our dramas.

Rep Rap Report

This term will be looking at rubbish and recycling under the close eye of Mr Watchirs.

Nomination forms for representing your year in the SRC are available from Mrs Cranston.

Our new water drinking stations are expected to arrive any day, with installation expected to take only a day. The SRC hopes these water stations will fill the needs of our thirsty student body.

Keep up your entries for the secret spot this term. A \$10 voucher at the canteen is a wonderful thing in this cold weather.

Secret Spot!

Do you know where this week's secret spot is?

Don't forget to place your entry into the box in D7 for your chance to win a \$10 voucher at the canteen.

