



Mulwaree News

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Endeavour to Achieve

The next meeting of the P&C will be on Thursday 22nd August 2013 7:30-9:15pm sharp in the Staff Common Room. Agenda items for P&C can be emailed to: mulwaree-h.school@det.nsw.edu.au two weeks before the meeting for inclusion on the agenda.



Zone Athletics Report

Over 90 students from Mulwaree travelled to Canberra late last term for the Zone Athletics Carnival. With places in the Zone team for the Regional Carnival up for grabs, our students gave 100% on the track and in the field with some fantastic results. Most notable was Year 7 student Kirsty Toole who managed three 1sts, two 2nds and a 4th placing to finish Age Champion of the Under 13 Girls. Certainly one to watch in



the future. Other outstanding performances came from Mitchell Lieschke with three 1sts, a 2nd and 4th placing to narrowly miss out on the Open Boys Age Champion, Jarrod Twaddell in the 800m, 1500m and 3000m and Elizabeth Bradley in the 400m and 800m. While Mulwaree did not rank high on the final points table we did manage to qualify 39 students including 7 relay teams for the Regional Carnival which will be held on Friday 2nd August. We wish all our competitors the very best for the next level.





Goss From The Boss

Term 3 has begun as Term 2 ended. Hopefully the holidays have been restful for all and we are energised for the term ahead. Mulwaree High School continues to produce outstanding experiences for our students. Last week, I had the pleasure of attending the play 'The Children's Hour' which has been performed

in the school's Speech and Drama Room. Congratulations are in order to Ms McAleer, Mr Meader and Ms Spence from Goulburn High School for their vision and weekend work and to the combined cast from Mulwaree, Goulburn and the community. This was not an easy play but it has been performed professionally and with great conviction.

Mr Wood has been preparing our students for the annual Goulburn Community of School Choral evenings at the Goulburn Workers Club in the coming week. Mulwaree's performances in this 10th year of the festival will be on Tuesday 30th July and, if the music from Mulwaree Unplugged is anything to go by, our students will continue to excel.

We are very fortunate to have a magnificent resource in the War Museum. Our vision for the museum over the coming years is for this to become an important resource for our History students and for the students in our partner primary schools. I would like to thank Bill Needham who has worked diligently and passionately over the past 15 years to build up this collection.

With the Archibald Portrait Exhibition visiting Goulburn at the Regional Art Gallery, Mulwaree High Year 7 and Goulburn North students have been working hard to create their own portraits. Mrs Cranston and Ms Campbell, along with Michael Hooker from Goulburn North and Michelle Stuart from the Art Gallery, have put together our own portrait exhibition to be displayed at the Council Library. Our grand opening will be next Thursday, 1st August, and will feature our Hospitality group and chamber musicians. Something to really look forward to.

The Illawarra and South East Region has been, once again, selected to trial a data collection of student disabilities so that we can develop profiles to support student learning. A note on this trial called the Personalised Learning and Support Tool (PLASST) is included in this newsletter. If your child is to be included in this trial you will receive a letter letting you know of the process.

Finally, this will be Year 12's last term of school. They will be involved in their Trial HSC during weeks 5 and 6 and whether they are aiming for an ATAR or not, they will need to work towards achieving the best HSC that they can. The Prefects and Year 12 SRC members have negotiated their end of school activities and I look forward to the time of celebration. It has become a very positive time for the school.

Mr Purcell
Principal

July/August is the months that the Spine Society of Australia recommends that all girls in Year 7 & 9 participate in the National Self-Detection Program for Scoliosis (NSDP) by going on to the website www.scoliosis-australia.org.

Scoliosis (spinal curvature) is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Three girls per thousand require active treatment (spinal brace or surgery). Because in the early stages the condition is most often asymptomatic, screening in the age range 11-13 years is a sound preventative health measure. When school screening for scoliosis was abandoned we introduced the Self-Detection Program as a practical alternative. Our policy on the matter is fully explained on the website.

The website contains comprehensive credible information about scoliosis. Through the forum, girls and their parents can obtain general advice from certified specialists who manage patients with spinal curvature. With over 3000 posts to date, our forum is a useful resource in providing searchable information posted by its members regarding the different aspects of scoliosis. It offers a strong base for adolescent patients with scoliosis and their parents. Healthcare professionals and other interested parties can discuss the NSDP in the forum.

Mrs Northwood

Girl Adviser / Head Teacher PD/H/PE

Chappo's Thought For The Week

How accepting are you?

Gladys Hunt writes: "Acceptance means you're valuable just as you are. You aren't forced into someone else's idea. You can talk about how you feel and why, and someone really cares. You can try out ideas without being shot down. You can even express heretical thoughts and discuss them with intelligent questioning. You feel safe. No one will pronounce judgement, even though they don't agree with you. It doesn't mean you'll never be corrected, it simply means it's safe to be you." If this meaning of acceptance was applied to you, how would you rate?

Saturday 31st August 9am—4pm
Canberra Tertiary Open Day

Important Calendar Dates

29/7	Mon	I-Track
29/7- 2/8		Year 11 IT Work Placement
31/7	Wed	Leader nominations
2/8	Fri	Regional Athletics
5/8	Mon	I-Track
5/8 - 9/8		Year 11 Construction Work Placement
5/8 - 9/8		Year 11 Retail Work Placement
9/8	Fri	Peer Support training
12/8 - 20/8		Trial HSC Exams
12/8 - 16/8		Year 10 Work Experience
12/8 - 16/8		Year 11 Business Services Work Placement
12/8	Mon	I-Track
15/8	Thurs	15s and Open Zone Netball
16/8	Fri	Maths in Surveying



Mike Butcher & the

SOUTHERN HIGHLANDS CONCERT BAND



Present...

In support of the Goulburn Regional Conservatorium

'I Got Rhythm'



Featuring local artists - Paul Scott-Williams & Keva Abotomey

SUNDAY 11 AUGUST @ 2.00pm

Goulburn Soldiers Club

Tickets: \$20/adult, \$15/concession, \$10/schoolchild

At

Goulburn Regional Conservatorium

160 Bourke Street, Goulburn - Ph: 4821 883

(Tickets also available at the door)

Year 10/11 Sport

Students pay weekly and must have full PE uniform to attend or a note for a medical issue. Those attending Absolute Fitness Gym must have a towel as well, due to WH & S requirements at the gym.



Golf @ Goulburn Golf Club	\$8
Tennis - Bishop St	\$8
Walking	Nil cost
Relaxation & Meditation @ school	\$8
Absolute Fitness - Gym	\$8
Absolute Fitness - Class	\$8
Indoor Soccer @ Tully	\$5
Triathlon (bike/helmet)	\$6
Rock Climbing @ PCYC	\$4
Gymnastics @ PCYC	\$4



Boyce Chartered Accountants offers a WEALTH OF CAREER OPPORTUNITIES Accounting Cadetships - 2014

Boyce is currently seeking students completing the Higher School Certificate, who are interested in joining our Accounting Cadetship program in 2014.

To be eligible for a cadetship you must have gained acceptance into university to undertake a business related degree (with an emphasis on accounting) to commence in 2014.

Boyce cadetships are designed to be flexible allowing you to decide which combination of work and study best suits your circumstances. A combination of tertiary study with valuable paid work experience places you ahead of other graduates and at the forefront of an exciting and rewarding career in accounting.

As a cadet you will have the support of experienced team members to help you during your studies and a 'buddy' to mentor and guide you.

Boyce has cadetships available in each of our offices in Cooma, Dubbo, Goulburn, Moree and Wagga Wagga.

HOW TO APPLY

Your local careers advisor has information packs and application forms, or alternatively they can be downloaded from www.boyceca.com. Follow Boyce on Facebook to find out where and when a Boyce team may be visiting a school near you.

Applications close Friday 30 August 2013

For more information visit www.boyceca.com. Contact

Name: Karen McGufficke – HR Administration

Email: careers@boyceca.com. Phone: 02 6452 3344

Personalised Learning and Support Tool (PLASST) 2013 Trial

During the next few weeks our school, along with other public schools in the Area, will be participating in the trial of a new tool (PLASST) being developed by the Department of Education and Communities for teachers to identify the learning and support needs of their students.

This trial is focussed on the development of a sound and reliable online tool that, when finalised, can be used by teachers in collaboration with parents and carers to identify the strengths and educational needs of students with additional learning and support needs. This information will assist schools in planning and personalising learning and support for individual students who require adjustments in their day to day learning.

The trial will involve teachers completing an online questionnaire about the educational needs of some of their students. Students themselves will not be required to complete any additional work or be formally assessed as part of the trial. This trial will not impact on students' education provisions.

Further information about the PLASST trial, including the collection and use of data in the trial, will be provided by the school in a letter to parents and carers. If you have any questions about the PLASST trial, would like to discuss your child's involvement or would prefer that your child does not participate, please telephone the school on 4821 4499.

Rep Rap

This weeks interrogations/interviews

Meet The Teacher



Miss Cooke - Year 12 Adviser - PD/H/PE Teacher

What subjects can you teach?

PD/H/PE, Dance, CAFS and History.

What was your first job?

McDonalds, Swim Instructor.

What is your favourite food?

Chocolate!!!

What is the most international place you have travelled to?

Europe

What did you want to be when you were younger?

Back-up dancer for Michael Jackson, Teacher, Physiotherapist, Police Officer, Teacher again.

Why did you become a teacher?

I wanted a meaningful career and I enjoy working with others. My teachers provided me with wonderful opportunities at school and I was inspired to do the same.

Who do you most admire and why?

My parents. They both had tough upbringings and they worked hard to achieve extraordinary things and provide a life for myself and my sisters.

Meet The Student



Jason Broadbent - Year 12 - Prefect

What was your first job?

Checkout Chick at Coles

What is your favourite food?

McNuggets

from McDonalds

What is your favourite subject?

Lunch

What do you want to be when you leave school?

Builder because tradies get da ladies!

What is the furthest place you have travelled to?

Gold Coast Queensland

Who do you admire most and why?

Rhys McCarthy because he headbutts opposition footy players. Ha Ha!

Rep Rap Report

Welcome back to everyone for another busy term at Mulwaree.

This term the SRC will be conducting the big social for the year. It is the last social for Year 12 and so they choose the theme. Week 7 is the likely time with more information to follow in coming weeks.

We will also be holding a fundraiser in the form of a sausage sizzle to raise money for some of our sports people and men's health.

Our new water drinking stations are expected to arrive any day, with installation expected to take only a day. The SRC hopes these water stations will fill the needs of our thirsty student body.

Keep up your entries for the secret spot this term. A \$10 voucher at the canteen is a wonderful thing in this cold weather.

Secret Spot!

Do you know where this week's secret spot is?

Don't forget to place your entry into the box in D7 for your chance to win a \$10 voucher at the canteen.

